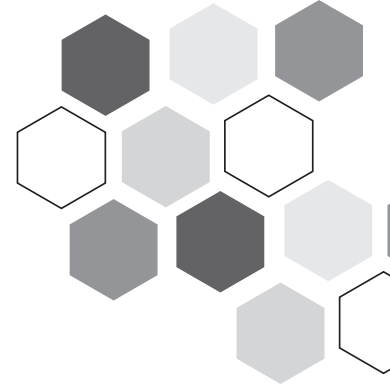


# BEHAVIORAL OUTLINE



Target behaviors	
Current daily behaviors (starting points)	Behavioral excess
	Behavioral deficits
Things triggering current behavior or preventing goal behavior?	
Self-efficacy	Stage of behavioral change
Client Preferences	Dietary
	Activity
Past Experiences	Dietary
	Activity

