



ACE PERSONAL TRAINER EXAM

Simulation Instructions Quick Reference Guide

1. Candidates **MUST** take **BOTH** the Multiple Choice **AND** Simulation examinations on the exam day. The Simulation Examination contains:
 - A sample problem that candidates should attempt during by clicking on the demo. This is **NOT** part of the examination.
 - **Two** examination problems that will be scored. These must be completed within the one hour.
2. Each problem contains an “Opening Scene”, an introduction or scenario that describes a set of circumstances. This is followed by numerous sections” titled “*Section A*”, “*Section B*”, etc. that the candidate will complete in sequence. After reading the “*Opening Scene*”, the candidate will proceed to “*Section A*” and follow the directions provided.
3. Each section also contains a list of actions and/or decisions in a numbered sequence that the candidate is asked to select based upon those that he/she deems appropriate given the circumstances at that time. Candidates are to select **AS MANY CHOICES** as they deem appropriate per section. They should consider **ALL** choices within the section before making selection(s). In each section, the choices presented appear in random order.
4. Candidates click on the answer choice(s) they deem appropriate. A printed response will appear immediately to the right of each answer choice they click. Candidates are encouraged to highlight **ALL** appropriate responses. Once a response has been chosen, it **CANNOT** be undone and will be scored. Candidates should **ALWAYS** exercise caution when clicking on selected items.
5. Occasionally, an uncovered response may direct the candidate to go to the next section. If a “*Go to the Next Section*” message is uncovered, the candidate should do so immediately. If this message is not uncovered, after selecting all the responses that are deemed appropriate, the candidate should simply proceed to the next section. Within the last section of each problem, an “*End of problem*” response may be uncovered. Some problems may end without any indication of a clear outcome or resolution, or in a manner that would not have been anticipated