



Health Coach Exam Pre-Approval Decision Tree

Are you currently certified as an ACE Personal Trainer, Group Fitness Instructor, or Medical Exercise Specialist **OR** did your ACE certification(s) lapse in the last six months?



You are automatically pre-approved to sit for the ACE Health Coach Certification exam and do not need to proceed through this pre-approval process.



Do you hold a current NCCA accredited certification in fitness, nutrition, healthcare, wellness, human resources, or a related field? (Not sure if your certification is NCCA accredited? [Click here](#) to find out.)



Submit a copy of your current NCCA accredited certification.



Do you hold an associate's degree or higher from an accredited college or university in fitness, exercise science, nutrition, healthcare, wellness, or a related field?



Submit a copy of your unofficial transcripts for your degree.



Do you hold a professional license (e.g., RD, RN, LCSW)?



Submit a copy of your current professional license.



Have you completed a health coach training and education program approved by the National Board for Health and Wellness Coaches (NBHWC)?
Note: The ACE Health Coach Advanced Training Program is an NBHWC approved training program. Completion of the full ACE Health Coach Advanced Training Program will meet the eligibility requirement to sit for the ACE Health Coach Certification exam. This is the **ONLY** ACE Health Coach Study Program that meets this prerequisite.



Submit proof of completion of your NBHWC approved program.



Do you have at least two years of documented work experience coaching, leading, designing, implementing, or facilitating one or more of the following: behavior or lifestyle change, exercise, wellness, nutrition, or physical activity?



Submit a resume specifically highlighting at least two years of work experience coaching, leading, designing, implementing, or facilitating one or more of the following: behavior or lifestyle change, exercise, wellness, nutrition, or physical activity. Not sure how to craft up your resume? [Click here](#) for a template.

Health Coach pre-approval documents may be submitted here for review:
<https://www.acefitness.org/myace/exam-preapproval/hc/>.

If you answered 'no' to all the above questions, you still have options!
Please contact ACE via phone (888-825-3636) or email (support@acefitness.org) to learn more.